



## Growth Health Check Quiz

From Chapter 2 of **Built to Grow**

**Instructions:** For each statement, rate yourself from **1** (Strongly Disagree) to **5** (Strongly Agree). Then total your score at the end.

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1. My team can make most key decisions without my direct involvement.
  2. If I took 90 days off, my firm would continue to grow and run smoothly.
  3. I regularly block and protect time for strategic, visionary work.
  4. My firm's growth is not dependent on me personally increasing my hours.
  5. We have clear systems and processes that others can run without my oversight.
  6. I delegate authority (not just tasks) and trust my team to execute.
  7. I have the margin to think creatively and pursue new opportunities.
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### Scoring

- **26–35: Healthy Growth Capacity** — You're operating with systems, delegation, and strategic margin. Stay intentional to protect this.
  - **18–25: Approaching the Growth Trap** — Some systems are in place, but you're at risk. Address bottlenecks now to avoid burnout.
  - **Below 18: In the Growth Trap** — Your current model is dependent on you. Redesign for scale and sustainability.
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### Next Step:

If your score indicates you're approaching or in the Growth Trap, join us for the **August 27 webinar** where we'll unpack exactly how to break through this plateau.

Reserve your spot here → [[Registration Link](#)]